



Reginald Williams has stood before thousands and shared his thought provoking positions on emotional health and wellness. His captivating messages haven taken residence in the spirit of his audience.

*"If we want to grow we must first do something outside our comfort zone and leave the box. The box was an excellent prop and well used in your presentation," Marlene Jones wrote in her post-workshop remarks on Mr. Williams' "Boxed In" workshop.*

*"In evaluating how the classes are taught, I feel like lessons are sent with a message. I grow with every lesson. I have learned how to re-evaluate how I look at my position in the situation, and to take time to process before responding. A root of growth is given with every class taught," explains Justin Oliver, a participant in my 26-week CALM (Canvassing Anger Lawfully & Maturely) curriculum.*

Bishop Leonard N. Smith, Senior Pastor of Mount Zion Baptist Church, stated the following about Reginald: "If ever there were a naturally God gifted marriage and men's empowerment specialist, it's Reggie." Miriam Pollard, a Crisis Intervention Specialist adds, Mr. Williams seeks to connect the where you are now to the where you want to be. His approach, innovative, has the potential to be the beginning of an amazing journey for those who take the first step to inward reflection.

Recognized as an "Agent of Change," and a "Wellness Ambassador, Mr. Williams is credited with being an 'Authentic Ardent Activist and Advocate' for families. His personal mission is "Restoring the brand of Family."

As the Founder and Executive Director for Family Is, a service-based provider whose mission is to help heal those wounds too often housed in the spirit of today's families, Williams implements unparalleled behavioral health programming and offers wrap around services to address identified client needs. Services delivered are therapeutic counseling, re-entry services for citizens returning home from incarceration; life skills, anger management and parenting classes, relationship education and abuser's intervention.

Born in New York, but raised in Chadbourn, North Carolina, little did he realize he was being groomed to serve watching his paternal grandfather Casey Headrick Williams unyielding service to their community. "People, preachers, pastors, Ph.D.'s and politicians would make their way to counsel with my grandfather. Growing up I neither cared nor understood this community phenomenon displayed by my grandfather, but now I absolutely realized how wealthy I am for having him as a model. I train to honor his legacy.

Mr. Williams is married to his bride of almost 20 years and they are the proud parents of Darius, Denisha and Jade. Mr. Williams has a Bachelor of Science in Management from New York Institute of Technology, and he is a gifted orator and workshop facilitator.